



TAMID

**WESTCHESTER
SYNAGOGUE**

ראש השנה

Rosh HaShanah

מחזור לימים הנוראים

משכן הנפש

MISHKAN HANEFESH

Machzor for the Days of Awe

עֶרְבִית

Arvit

Evening Service

L'sha'nah To'vah / To a Good Year

L'sha'nah to'vah tee'ka'tay'voo!

לְשָׁנָה טוֹבָה תִּכְתְּבוּ!

May you be inscribed—for a good year!

A New Year

May this be a year of love and kindness.

May strangers come to be friends.

May truth and compassion always guide us. Amen.

May this be a year of hope and healing
for all of those in need.

May all of our deeds be a blessing. Amen.

A new year, a good year. A chance to start all over.

A new year, a sweet year. A chance to bring us closer.

May this be a year of selfless giving.

May this be a year of peace.

And may we forgive and be forgiven. Amen.

A new year, a good year. A chance to start all over.

A new year, a sweet year. A chance to bring us closer.

Closer to the ones we love.

A world that we can be proud of

long as there are stars above.

There comes a new year. Amen.

Ha'shee'vay'noo / We Return

*Ha'shee'vay'noo Adonai ay'lay'cha
v'na'shoo'vah, cha'daysh ya'may'noo
k'keh'dehm.*

הַשִּׁיבֵנוּ יְיָ אֱלֹהֵינוּ וְנָשׁוּבָה,
חֵדֶשׁ יָמֵינוּ כְּקֶדֶם.

Take us back, Adonai — let us come back to You.

Renew in our time the days of old.

Leet'ko'ah Shofar / Blast the Shofar

At the new moon,
at the full moon,
for our feast-day, sound the shofar!
For that is the law of Israel,
the way of the God of Jacob.

תִּקְעוּ בַחֲדָשׁ שׁוֹפָר בַּכֶּסֶה לְיוֹם
חֲגִגְנוּ: כִּי חֻק לְיִשְׂרָאֵל הוּא
מִשְׁפָּט לְאֱלֹהֵי יַעֲקֹב.

T'key'ah

Sh'va'reem-T'roo'ah

T'key'ah

תְּקִיעָה

שְׁבָרִים־תְּרוּעָה

תְּקִיעָה

Had'la'kat Nay'rote / Candle Lighting

*Ba'rooch a'tah, Adonai eh'lo'hay'noo,
meh'lech ha'o'lahm, a'sher kee'd'sha-
noo b'meeetz'vo'tahv, v'tzee'vah'oo
l'had'leek nayr shel yome tohv.*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצּוֹתָיו,
וְצִוָּנוּ לְהַדְלִיק
נֵר שֶׁל יוֹם טוֹב.

Blessed are You, who commands us
to kindle the lights of Yom Tov.

Bar'choo / The Call to Worship

*Bar'choo et Adonai ha'm'vo'rach.
Ba'rooch Adonai ha'm'vo'rach
l'ol'am va'ed.*

בָּרְכוּ אֶת יְיָ הַמְּבָרָךְ.
בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

Praise Adonai to whom praise is due forever!

Praised be Adonai, to whom praise is due, now and forever!

Ma'a'reev A'ra'veem / Creation

BLESS ADONAI
who spins day into
dusk.
With wisdom watch
the dawn gates open,
with understanding
let time and seasons
come and go;

With awe perceive
the stars in lawful orbit.
Morning dawns,
evening darkens;
darkness and light
yielding
one to the other,
yet each distinguished
and unique.

Marvel at Life!
Strive to know its ways!
Seek Wisdom and Truth,
the gateways
to Life's mysteries!
Wondrous indeed
is the evening twilight.

K'ree'ah't Sh'ma / Creation

שְׁמַע | יִשְׂרָאֵל, יְיָ | אֱלֹהֵינוּ, יְיָ | אֶחָד.
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

*Sh'ma, Yisrael: Adonai E'lo'hay'noo, Adonai eh'chad!
Ba'rooch shaym k'vode mal'choo'to l'o'lahm va'ed.*

Listen, Israel: Adonai is our God, Adonai is One!
Blessed is God's glorious majesty forever and ever.

Rosh HaShanah In The Pines

Darkness settles, slowly,
across the horizon.
The new year rises before us,
its fragile moon awaiting our embrace.
Heaven and earth entwine
in their annual dance of re-creation.
A fissure appears in the
firmament tonight,
an entranceway into new beginnings.

Out beyond the swales
the sea expands and contracts,
keeping time to the thrumming of the
universe.
Under this Rosh HaShanah sky
the path before us is uncertain.
All we can do is hold each other tight
as we make our way home.

Ha't'fee'lah / The Prayer

*Adonai, sfa'tai teef'tahch,
oo'fee ya'geed t'hee'lah'teh'cha.*

אֲדַנִּי שִׁפְתַי תִּפְתַּח וּפִי
יִגִּיד תְּהִלָּתֶךָ.

Adonai, open my lips,
that my mouth may declare Your praise.

A'vote V'ee'ma'hote / Ancestors

*Ba'rooch a'tah, Adonai
eh'lo'hay'noo vay'lo'hay a'vo'tay'noo
v'ee'mo'tay'noo...*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי
אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ...

Our God and God of the generations before us—
You are as near to us as the blessing of breath

You are the living memory we carry of mothers and fathers,
and the mothers and fathers before them

You are the lasting memory of sages and students, of prophets and priests

Adonai, we know You through our matriarchs and patriarchs—
the bearers of wisdom in every generation

We know You as the voice of kindness within us

We know You as the constant hope that lives in our hearts

You are the awe we cannot name

You are the name we give to all that is worthy
of reverence, devotion, and gratitude

You are the sacred presence that protects from within

You are the sovereign of our souls who remembers us for life.

*Zoch'ray'noo l'cha'yeem, me'lech
cha'faytz ba'cha'yeem, v'chote'vay'noo
b'say'fehr ha'cha'yeem, l'ma'an'cha
eh'lo'heem cha'yeem.*

זְכוֹרֵנוּ לְחַיִּים, מֶלֶךְ חַיִּים בְּחַיִּים,
וְכַתְּבֵנוּ בְּסֵפֶר הַחַיִּים,
לְמַעַן אֱלֹהִים חַיִּים.

*L'ma'an'cha, l'ma'an'cha, l'ma'an'cha
eh'lo'heem cha'yeem.*

לְמַעַן, לְמַעַן, לְמַעַן,
אֱלֹהִים חַיִּים.

*Zoch'ray'noo, zoch'ray'noo l'cha'yeem,
me'lech cha'faytz ba'cha'yeem.*

זְכוֹרֵנוּ, זְכוֹרֵנוּ לְחַיִּים,
מֶלֶךְ חַיִּים בְּחַיִּים.

*V'chote'vay'noo b'say'fehr
ha'cha'yeem, l'ma'an'cha
eh'lo'heem cha'yeem.*

וְכַתְּבֵנוּ בְּסֵפֶר הַחַיִּים,
לְמַעַן אֱלֹהִים חַיִּים.

Remember us for life, O Sovereign who delights in life,
and inscribe us in the Book of Life, For Your sake, ever-living God.

Meh'lech o'zayr oo'mo'shee'a
oo'ma'gayn. Ba'rooch a'tah Adonai,
ma'gayn Av'ra'hahm v'ez'raht Sa'rah.

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמִגֵּן.
בְּרוּךְ אַתָּה יְיָ, מִגֵּן אַבְרָהָם
וְעֵזֶרֶת שָׂרָה.

Sovereign of salvation, Pillar of protection.
Blessed are You in our lives, Adonai, Shield of Abraham,
Sustainer of Sarah.

G'voo'rote / God's Powers

Your life-giving power is forever, Adonai — with us in life and in death. You liberate and save, cause dew to descend; and with mercy abundant, lovingly nurture all life. From life to death, You are the force that flows without end —

You support the falling, heal the sick, free the imprisoned and confined;
You are faithful, even to those who rest in the dust.

Power-beyond-Power, from whom salvation springs, Sovereign over life and death — who is like You?

Merciful God, who compares with You? With tender compassion You remember all creatures for life. Faithful and true, worthy of our trust —
You sustain our immortal yearnings; in You we place our undying hopes.

V'ne'eh'mahn a'tah l'ha'cha'yote
ha'kole. Ba'rooch a'tah Adonai,
m'cha'yay ha'kole.

בְּרוּךְ אַתָּה יְיָ,
מְחַיֵּה הַכּוֹל.

Wellspring of blessing, Power eternal, the One who gives and renews all life.

R'tzay / Our Offering

R'tzay Adonai eh'lo'hay'noo,
b'a'm'cha yees'ra'ayl oo't'fee'la'tahm
b'a'ha'vah t'ka'bayl b'ra'tzone,
oo't'hee l'ra'tzone ta'meed a'vo'daht
yees'ra'ayl a'meh'cha. Ayl ka'rove
l'chole kore'ahv, p'nay el a'va'deh'cah
v'cho'nay'noo. Sh'foch roo'cha'cha
a'lay'noo, v'te'che'zeh'nah
ay'nay'noo b'shoov'cha l'tzee'yone
b'ra'cha'meem.

רְצֵה, יְיָ אֱלֹהֵינוּ, בְּעֵמֶךָ יִשְׂרָאֵל
וּבְתַפְלֹתֶם בְּאַהֲבָה תִקַּבֵּל בְּרָצוֹן,
וְתִהְיֶה לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל
עִמָּךְ. אֵל קָרוֹב לְכֹל קִרְאָיו, פְּנֵה
אֶל עֲבָדֶיךָ וְחַנּוּנוֹ. שִׂפְךָ רוּחֶךָ
עָלֵינוּ, וְתַחַזְּקֵנָה עֵינֵינוּ בְּשׁוּבֶךָ
לְצִיּוֹן בְּרַחֲמִים.

Ba'rooch a'tah Adonai,
ha'mah'cha'zeer sh'chee'na'to
l'tzee'yone.

בָּרוּךְ אַתָּה יְיָ,
הַמַּחֲזִיר שְׂכִינָתוֹ לְצִיּוֹן.

Eternal, our God, Your people Israel yearns for Your favor. Receive their prayer with loving acceptance, and may You always desire Your people's worship. Divine One, close to all who call upon You, bring Your grace and presence near to those who serve You. Pour forth Your spirit on us, and may our eyes see Your merciful return to Zion. Blessed are You, whose Divine Presence is felt again in Zion.

T'fee'laht Ha'lev / Prayer of the Heart

I Was Never Able To Pray

*Wheel me down to the shore
where the lighthouse was abandoned
and the moon tolls in the rafters.*

*Let me hear the wind paging through the trees
and see the stars flaring out, one by one,
like the forgotten faces of the dead.*

*I was never able to pray,
but let me inscribe my name
in the book of waves
and then stare into the dome
of a sky that never ends
and see my voice sail into the night.*

Ah'chaht Sha'al'tee / Psalm 27

Ah'chat sha'ahl'tee may'ayt Ado-
nai, ah'chat sha'ahh'tee, o'tah
a'va'kaysh.

Sheev'tee (sheev'tee) b'vayt Adonai,
sheev'tee (sheev'tee) kole y'may
cha'yai.

La'cha'zote b'no'ahm

Adonai, oo'l'va'kayr b'hey'cha'lo,
la'cha'zote b'no'ahm Adonai.

אַחַת שְׂאֵלָתִי מֵאֵת־יְיָ
אַחַת שְׂאֵלָתִי
אוֹתָהּ אֶבְקֶשׁ.
שְׁבֵתִי (שְׁבֵתִי) בְּבַיִת־יְיָ
שְׁבֵתִי (שְׁבֵתִי) כָּל־יְמֵי חַיֵּי.
לְחַזוֹת בְּנֹעַם־יְיָ
וּלְבַקֵּר בְּהִיכָלוֹ,
לְחַזוֹת בְּנֹעַם־יְיָ.

To gaze upon the beauty of Adonai

**One thing, one thing, I ask You, Adonai:
To be with You, all of my life.**

Mee She'bay'rach / Prayer for Healing

*R'fa'ay'noo Adonai v'nay'ra'feh,
ho'shee'ay'noo v'nee'va'shay'ah.
El ka'rove l'chole kore'av. Ak ka'rove
lee'ray'av yeesh'o.*

רְפָאֵנוּ יְיָ וְנִרְפָּא,
הוֹשִׁיעֵנוּ וְנִשְׁעָה.

אֵל קָרוֹב לְכָל קְרָאיו.
אֵד קָרוֹב לִירְאָיו יִשְׁעוּ.

We pray for healing of the body.

We pray for healing of the soul.

For strength of flesh and mind and spirit.

We pray to once again be whole.

Ayl nah r'fah nah.

אֵל נָא רְפָא נָא.

Oh, please heal us now!

*R'foo'at ha'ne'fesh, oor'foo'at
ha'goof, r'foo'ah sh'lay'mah.*

רְפוּאֵת הַנֶּפֶשׁ,
וְרְפוּאֵת הַגּוּף,
רְפוּאָה שְׁלֵמָה.

Heal us now!

*Ho'shee'ah et-a'mecha
oo'va'rayck et-na'cha'la'te'cha
oor'aym v'nas'aym ahd-ha-o'lahm.
Mee she'bay'rach a'vo'tay'noo mee
she'bay'rach ee'mo'taynoo a'nah
Adonai ho'shee'ah nah.*

הוֹשִׁיעָה אֶת-עַמְּךָ
וּבְרַךְ אֶת-נַחְלָתְךָ
וְרַעַם וְנִשְׂאֵם עַד-הָעוֹלָם.
מִי שְׂבִירָךְ אֲבוֹתֵינוּ
מִי שְׂבִירָךְ אֲמוֹתֵינוּ
אָנָּה יְיָ הוֹשִׁיעָה נָא.

We pray for healing of our people.

We pray for healing of the land.

And peace for every race and nation,

Every child, every person, Amen!

A'vee'noo Mal'kay'noo / Our Parent, Our Ruler

*A'vee'noo Mal'kay'noo, sh'mah
ko'lay'noo.*

אָבִינוּ מִלְּפָנֶינוּ, שְׁמַע קוֹלֵנוּ.

Our Parent, our Ruler, hear our voice.

*A'vee'noo Mal'kay'noo, cha'tah'noo
l'fa'neh'cha.*

אָבִינוּ מִלְּפָנֶינוּ, חָטְאנוּ לְפָנֶיךָ.

Our Parent, our Ruler, we have sinned before You.

*A'vee'noo Mal'kay'noo, cha'mole
a'lay'noo v'ahl o'la'lay'noo
v'ta'pay'noo.*

אָבִינוּ מִלְּפָנֶינוּ, חָמוּל עָלֵינוּ
וְעַל עוֹלָלֵינוּ וְטַפְּנוּ.

Our Parent, our Ruler, have compassion on us and on our families.

*A'vee'noo Mal'kay'noo, kah'lay
deh'vehr v'che'rehv v'ra'ahv
may'ah'lay'noo.*

אָבִינוּ מִלְּפָנֶינוּ, פִּלֵּה דָּבָר
וְחָרַב וְרָעַב מֵעָלֵינוּ.

Our Parent, our Ruler, halt the onslaught of sickness, violence,
and hunger.

*A'vee'noo Mal'kay'noo, ka'lay kole
tzar oo'mas'teen may'a'lay'noo.*

אָבִינוּ מִלְּפָנֶינוּ, פִּלֵּה כָּל צָר
וּמִשְׁטִין מֵעָלֵינוּ.

Our Parent, our Ruler, halt the reign of those who cause
pain and terror.

*A'vee'noo Mal'kay'noo, kote'vay'noo
b'say'fehr cha'yeem to'veem.*

אָבִינוּ מִלְּפָנֶינוּ, כָּתְבֵנוּ
בְּסֵפֶר חַיִּים טוֹבִים.

Our Parent, our Ruler, inscribe us in the Book of Lives Well-Lived.

*A'vee'noo Mal'kay'noo, cha'daysh
a'lay'noo (x2) sha'nah to'vah.*

אָבִינוּ מִלְּפָנֶינוּ, חֲדָשׁ עָלֵינוּ (x2)
שָׁנָה טוֹבָה.

Our Parent, our Ruler, renew us for a year of goodness.

*A'vee'noo Mal'kay'noo, sh'mah
ko'lay'noo.*

אָבִינוּ מִלְּפָנֶינוּ, שְׁמַע קוֹלֵנוּ.

Our Parent, our Ruler, hear our voice.

*A'vee'noo Mal'kay'noo, cho'nay'noo
va'a'nay'noo, kee ayn ba'noo
ma'a'seem, a'say ee'mah'noo,
tz'da'kah va'che'sed,
v'ho'shee'ay'noo.*

אָבִינוּ מִלְּפָנֶינוּ, חֲנֵנוּ וְעַנְנוּ, כִּי אֵין
בָּנוּ מַעֲשִׂים, עֲשֵׂה עִמָּנוּ צְדָקָה
וְחֶסֶד וְהוֹשִׁיעֵנוּ.

Our Parent, our Ruler, answer us with grace, for our deeds are wanting. Save us through acts of justice and love.

Ka'deesh Ya'tome / Mourner's Kaddish

*Yeet'ga'dal v'yeet'ka'dash sh'may
ra'bah. B'al'ma dee v'ra
chee'roo'tay, v'yahm'leech
mal'choo'tay b'chay'yay'chon
oov'yo'may'chon oo'v'chay'yay
d'chole bayt Yisrael, ba'a'ga'la
oo'veez'man ka'reev, v'eem'roo:
Amen. Y'hay sh'may ra'bah
m'vo'rach l'a'lahm ool'al'may
al'may'ya. Yeet'ba'rach
v'yeesh'ta'bach v'yeet'pa'ar
v'yeet'ro'mahm v'yeet'nah'say
v'yeet'ha'dar v'yeet'a'lay
v'yeet'ha'lal sh'may d'kood'sha
breech hoo, l'ay'lah meen kole
beer'cha'ta v'shee'ra'ra
toosh'b'cha'ta v'ne'che'ma'ta,
dah'a'mee'rahn b'al'ma, v'eem'roo:
Amen. Y'hay sh'la'mah ra'bah
meen sh'ma'yah, v'cha'yeem
a'lay'noo v'al kole Yees'ra'ayl, v'im-
ru: Amen.
O'say shalom beem'ro'mahv, hoo
ya'a'say shalom a'lay'noo v'al kole
Yisrael, v'al kole yosh'vay tay'vel,
v'eem'roo: Amen.*

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא. בְּעֻלְמָא
דִּי בְרָא כְרַעוּתֵהּ, וְיִמְלִיךְ מְלְכוּתֵהּ
בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל
בֵּית יִשְׂרָאֵל, בְּעַגְלָא וּבְזִמְן קָרִיב,
וְאָמְרוּ אָמֵן. יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ
לְעַלְמֵס וּלְעַלְמֵי עֻלְמַיָּא. יִתְבָּרַךְ
וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ
דְּקַדְשָׁא בְרִיךְ הוּא, לְעַלְמָא מִן
בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא
וְנַחֲמָתָא, דְּאָמְרוּ בְּעֻלְמָא, וְאָמְרוּ
אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו, הוּא יַעֲשֵׂה
שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל,
וְעַל כָּל יוֹשְׁבֵי תֵבֶל,
וְאָמְרוּ אָמֵן.

Exalted and hallowed be God's great name in the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime and the life of all Israel—speedily, imminently. To which we say: Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen. May there be abundant peace from heaven, and life, for us and all Israel. To which we say: Amen. May the One who creates peace on high, bring peace us and to all Israel and all who dwell on earth. To which we say: Amen.

Kee'doosh / Sanctification

*Ba'rooch a'tah Adonai, eh'lo'hay'noo
me'lech ha'o'lahm, bo'ray p'ree
ha'gah'fen. Ba'rooch a'tah Adonai,
eh'lo'hay'noo me'lech ha'o'lahm,
a'sheyr ba'char ba'noo mee'kole-
ahm, v'rome'ma'noo mee'kole
la'shone, v'kee'd'sha'noo
b'meetz'vo'tahv. Va'tee'ten la'noo Ad-
onai eh'lo'hay'noo eht yome
ha'zee'ka'rone ha'zeh, yome t'roo'ah,
meek'rah ko'desh, zay'cher
lee'tzee'aht meetz'ra'yeem. Kee
va'noo va'char'ta, v'o'ta'noo
kee'dash'ta mee'kole ha'a'meem,
oo'd'var'cha eh'meht v'ka'yahm
la'ad. Ba'rooch a'tah Adonai, me-
h'lech ahl kole ha'a'retz, m'ka'daysh
yees'ra'ayl v'yome ha'zee'ka'rone.*

בְּרוּךְ אַתָּה, יְיָ, אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, בּוֹרֵא פְּרִי הַגֶּפֶן.
בְּרוּךְ אַתָּה, יְהוָה,
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר
בָּנוּ מִכָּל־עַם, וְרוֹמַמְנוּ מִכָּל לְשׁוֹן,
וְקִדְּשָׁנוּ בְּמִצְוֹתָיו.
וַתִּתֵּן לָנוּ, יְהוָה אֱלֹהֵינוּ,
בְּאַהֲבָה אֶת יוֹם הַזְּכוֹרֹן הַזֶּה,
יוֹם תְּרוּעָה,
מִקְרָא קֹדֶשׁ, זִכָּר לְיִצְיַאת
מִצְרָיִם. כִּי בָנוּ בְּחֵרְתָּ, וְאוֹתָנוּ
קִדְּשִׁית מִכָּל הָעַמִּים, וַדְּבַרְךָ אִמְתָּ
וְקִים לְעַד.
בְּרוּךְ אַתָּה, יְיָ, מֶלֶךְ עַל כָּל
הָאָרֶץ, מִקְדֵּשׁ יִשְׂרָאֵל
יוֹם הַזְּכוֹרֹן.

Blessed are You, Adonai our God, ruler of the universe, creator of the fruit of the vine. Blessed are You, Adonai, ruler of the universe, You chose us to make known Your aspirations among all the many peoples, making our lives holy through You commandments. In Your love, Eternal our God, You have given us [this Shabbat and] this Day of Remembrance : a day for the shofar's joyful sound [remembered and cherished in our hearts]; a day of sacred assembly; a day to be mindful of our people's going-out from Egypt. A unique place among the nation You have chosen for us—and Your word is true; it endures forever. Blessed are You, Adonai, Sovereign over all the earth, who sanctifies [Shabbat,] Israel and the Day of Remembrance.

She'he'che'yah'noo / Thanksgiving

*Ba'rooch a'tah, Adonai eh'lo'hay'noo,
meh'lech ha'o'lahm,
she'he'che'yah'noo v'key'mah'noo
v'hee'gee'ah'noo la'z'man ha'zeh.*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, שֶׁהַחַיִּינוּ וְקִיָּמְנוּ וְהִגִּיעָנוּ
לְזֶמַּן הַזֶּה.

Blessed are You, Adonai, our God, Ruler of the Universe, who gave us life, who sustains us, and has brought us together in this moment.

Bo'ray Mee'nay M'zo'note / For Nourishment

*Ba'rooch a'tah, Adonai eh'lo'hay'noo,
meh'lech ha'o'lahm, bo'ray mee'nay
m'zo'note.*

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, בּוֹרֵא מִיָּנִי מְזֻנוֹת.

Blessed are You, Adonai, our God, Ruler of the Universe, who created varied types of nourishment.

O'say Shalom / Maker of Peace

*O'say shalom beem'ro'mahv, hoo
ya'a'say shalom a'lay'noo v'al kole
Yisrael, v'al kole yosh'vay tay'vel,
v'eem'roo: Amen.*

עֲשֵׂה שָׁלוֹם בְּמְרוֹמָיו, הוּא יַעֲשֵׂה
שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל,
וְעַל כָּל יוֹשְׁבֵי תֵבֶל,
וְאָמְרוּ אָמֵן.

May the One who creates peace on high, bring peace us and to all Israel and all who dwell on earth. To which we say: Amen.