



## Friday Night Blessings for the Shabbat Table

### Blessings for the Shabbat Lights – Neiroi

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ, וְצִוָּנוּ  
לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

*Ba'rooch a'tah, Adonai eh'lo'hay'noo, meh'lech ha'o'lahm, a'shayr kee'd'shah'noo b'meeetz'vo'tahv,  
v'tzee'vah'noo l'had'leek nayr shel Shabbat.*

Blessed are You, Adonai our God, ruler of the universe, who hallows us with mitzvot, commanding us to kindle the lights of Shabbat.

### Blessings for the Fruit of the Vine – Kiddush

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגֶּפֶן.

*Ba'rooch a'tah, Adonai eh'lo'hay'noo, meh'lech ha'o'lahm, ha'mo'tzee leh'chem meen ha'ah'retz.*

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ וְרָצָה בָּנוּ,  
וְשַׁבָּת קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ זְכוֹרוֹן לְמַעֲשֵׂה בְּרֵאשִׁית, כִּי  
הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ, זְכוֹר לִיצִיאַת מִצְרָיִם, כִּי בָּנוּ בְּחִרְתָּ  
וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל הָעַמִּים, וְשַׁבָּת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָתָנוּ.  
בְּרוּךְ אַתָּה יי, מְקַדֵּשׁ הַשַּׁבָּת.

*Ba'rooch a'tah, Adonai eh'lo'hay'noo, meh'lech ha'o'lahm, a'share kee'd'shah'noo b'meeetz'vo'tahv  
v'rah'tzah vah'noo, v'Shabbat kode'sho b'a'ha'vah oov'ra'tzone heen'chee'lah'noo zee'ka'rone  
l'ma'a'say v'ray'sheet, kee hoo yome t'chee'lah l'mee'ra'ay koh'desh, zay'cher lee'tzee'aht  
meeetz'rah'yeem, kee vah'noo va'char'ta v'oh'tah'noo kee'dahsh'ta mee'kole ha'ah'meem, v'Shabbat  
kode'sh'cha b'a'ha'vah oov'ra'tzone heen'chal'tah'noo. Ba'rooch a'tah, Adonai, m'ka'daysh ha'Shabbat.*

Blessed are You, Adonai our God, ruler of the universe, creator of the fruit of the vine.

Blessed are You, Adonai our God, ruler of the universe who, finding favor with us, hallows us with mitzvot. In love and favor, You made the holy Shabbat our heritage as a reminder of the work of creation. As first among our sacred days, it recalls the Exodus from Egypt. You chose us and set us apart from other peoples. In love and favor, You have given us Your holy Shabbat as an inheritance. Blessed are You, Adonai, who sanctifies Shabbat.

### Blessings for the Meal & Bread – Motzi

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ.

*Ba'rooch a'tah, Adonai eh'lo'hay'noo, meh'lech ha'o'lahm, ha'mo'tzee leh'chem meen ha'ah'retz.*

Blessed are You, Adonai our God, ruler of the universe, who brings forth bread from the earth.